

sample

Menu

Meal	Monday 01.	Tuesday 02.	Wednesday 03.	Thursday 04.	Friday 05.
<i>Lunch</i>	Fish Fillet on Bun Mix Veggies Fruit & Milk	Grilled Cheese Corn Chips, Carrots Pickles, Cookies Fruit & Milk	Nachos & Cheese Sweet Corn Fruit & Milk	Chicken Patty Mashed Potatoes Gravy /Garden Peas Fruit & Milk	<i>Surprise</i>
Meal	Monday 08.	Tuesday 09.	Wednesday 10.	Thursday 11.	Friday 12.
<i>Lunch</i>	Chicken Nuggets French Fries Broccoli & Cheese Fruit & Milk	Assorted Sandwiches Corn, Potato chips Cookies Fruit & Milk	Spaghetti Tossed Salad Fruit & Milk	Pizza Salad Fruit & Milk	<i>Surprise</i>
Meal	Monday 15.	Tuesday 16.	Wednesday 17.	Thursday 18.	Friday 19.
<i>Lunch</i>	Ravioli Tossed Salad Cinnamon Applesauce Milk	Pasta Alfredo Broccoli Fruit & Milk	Peanut Butter Sandwich Yogurt Grapes Applesauce Milk	Scrambled Eggs Toast Hash Browns Peas Fruit & Milk	<i>Surprise</i>
Meal	Monday 22.	Tuesday 23.	Wednesday 24.	Thursday 25.	Friday 26.
<i>Lunch</i>	Cheese Burger Apple Sauce Pasta Carrots Fruit & Milk	Cheese Ravioli Broccoli with sauce Pineapple Milk	Chicken & Rice with Carrots Applesauce Milk	Fish Sandwich Coleslaw Fruit & Milk	<i>Surprise</i>
Meal	Monday 29.	Tuesday 30.	Wednesday 30.		
<i>Lunch</i>	Chicken Soup With Carrots Fruit & Milk	Hot Turkey Sandwich Mashed Potato w/ gravy Green Beans Fruit & Milk	Chicken & Rice Fajitas Mixed Veggies Fruit & Milk		